

Get prioritising!

Plan your day! Highlight the activities that you have to do each weekday. Then complete the priorities list.

- Phoning a good friend
- Watch TV
- Eating meals
- Visit a friend
- Reading a magazine
- Chat to my parents/carers
- Going to school
- Go out in the evening
- Listening to music
- Play on my computer
- Have a rest
- Go shopping
- Having a shower
- Doing my homework
- Tidy my bedroom
- Read a book

Priorities List		
<input type="radio"/> Red	<input type="radio"/> Amber	<input type="radio"/> Green
Important things that have to be done	Important things which I can wait to do	Things which are not very important



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